



The Rhythm Centre Staff Retreat Working Guest Application Form

Thank you for your interest in serving TRC as a volunteer. We deeply appreciate your generosity. Note that volunteer assignments are generally available only to those with previous The Rhythm Centre retreat experience.

Your Name _____ Date _____

Street Address, City/State/Zip _____

Email _____ Phone #: cell _____ home _____

Emergency Contact Name & Phone #: _____

Occupation _____

The Retreat lasts one week. Preference is given to those who can serve the entire retreat. Are you able to stay for the full seven days? Yes ♦ No ♦

If not, dates you can stay: _____

Why do you wish to be a Working Guest at this time? _____

List your retreat experience at TRC and elsewhere (including teachers, dates and lengths of retreats).

List your work experience at TRC, if any. Include staff, work retreat and volunteer positions, as well as departments and dates.

As a Working Guest, you agree to work approximately 30 hours per week. Work assignments depend on your skills and the needs of TRC at the time.

Please indicate below your work experience and number your preferences:
(N= no experience, E= some experience, V= very experienced)

Areas of Interest Areas of Experience

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- _____ General office and computer work including data entry
- _____ Assisting with Housekeeping
- _____ Food preparation and kitchen work
- _____ General maintenance work

Describe any limitations, physical or otherwise, that may restrict the type of work you are able to do. Are you able to lift 50lbs, as is required with certain assignments?

Describe any other skills, work experience, or formal training that you would like us to know about.
Please provide three references from the categories listed below. References from the first two categories are preferred.

Please provide names, phone numbers and email addresses for these references.

- Dance /Meditation Teacher
- Someone who has supervised you at work
- Other professional reference

1. Name _____ Work _____
Relationship _____
Phone _____ Email _____
2. Name _____ Work _____
Relationship _____
Phone _____ Email _____
3. Name _____ Work _____
Relationship _____
Phone _____ Email _____

During your participation in the TRC Working Guest program you will be expected to follow the following five training precepts:

- to refrain from harming living beings,
- to refrain from taking what is not freely given,
- to refrain from sexual misconduct,
- to refrain from lying, gossiping, or using harsh language,
- to refrain from taking intoxicants or (unprescribed) drugs.

I acknowledge that all the information I have included in this application is true and complete. I agree to uphold the five training precepts as listed above as long as I am a working guest at TRC

I authorize TRC staff to contact any of the individuals named above as references regarding this application.

I understand and agree that should this application result in my volunteering for TRC, my volunteer status will not be guaranteed and will be subject to ongoing review.

Applicant

Signature _____

Thank you for applying! Our HR & Admin Assistant, who coordinates our volunteer program, usually responds to applications within one week.

Please return your completed form to:

HR & Admin Assistant, P/O Box 571 Cottesloe .Perth. Western Australia 6011

Volunteer@therhythmcentre.com or you can drop it off at the retreat .This retreat fills quickly with a short wait list To be added to the list submit a registration and deposit asap